

Crystal Eyecare - Ptosis Crutch Patient Intake & Submission Form

Crystal Eyecare | 280 Route 35, Suite 201 | Red Bank, NJ 07701 | Phone: (732) 615-9300 | Email: crystaleyecarenj@gmail.com

Patient Information

Full Name:

Date of Birth: Phone:

Email:

Mailing Address:

Diagnosis (if any):

Related Medical History (eyelid/ocular history, surgeries, meds, dryness, ICD-10 code if known):

If the patient cannot communicate, provide a point of contact

Contact Name:

Relationship: Phone:

Contact Email:

Remote Submission Checklist (email to crystaleyecarenj@gmail.com)

- Photo: facing forward (distance gaze) with frames on ~3 feet away
- Photo: left side profile with frames on ~3 feet away
- Photo: right side profile with frames on ~3 feet away
- Video: 1 minute showing eyelid function during blinking
- Frame: high-quality metal, solder-friendly (no titanium)

Frame Brand/Model and Notes (include metal type, and frame size):

Acknowledgment

I understand that frame paint will be scorched during soldering. I understand that ptosis crutches can worsen dry eye symptoms due to increased exposure, and that results for blepharospasm can be mixed.

Signature:

Date:

How do I get Ptosis Crutches? (Instructions)

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We serve both local and international patients. To begin:

- Submit photos (front, left profile, right profile)
- Send a short video showing eyelid function during blinking
- Select appropriate frames with metal construction
- Provide medical history related to eyelid or ocular health
- Our team can guide you through the process remotely or in person at our Red Bank, NJ location.

If you would like Crystal Eyecare to make you a pair of ptosis crutches: The easiest way is to come in. If you need this service remotely, follow the steps below.

With the intended metal frames on:

1. Provide a picture of the right side profile.
2. Provide a picture of the left side profile.
3. Provide a picture of the patient looking at the distance (facing forward).
4. Provide a 1 minute video of the patient. We are looking to see if there are any blepharospasms or apraxia of the eyelids.
5. Include the diagnosis, if any.

Frame requirements (important): Choose a high-quality metal frame with low zinc content. A quick test is to scratch the paint in a discreet area and look for a yellow or red copper color. If it is gray, the frame may be poor quality. Stainless steel can be a good second choice. Titanium is not acceptable. Frames from big-box and low-cost online sellers are often alloys that do not lend themselves to soldering.

Finish and comfort: High copper or noble metal content (silver or gold) works best for soldering. The frame paint will be scorched during fabrication. A frame strap with rubber tips is strongly recommended. The ptosis crutch can exert forward pressure and the strap counteracts slipping for more predictable, comfortable pressure.

How Do I Adjust My Ptosis Crutches? Adjustment is individualized and depends on eyelid position, blink pattern, and comfort. If you are unsure, schedule an in-person visit or request remote guidance before making major bends or changes.

Blepharospasm note: Ptosis crutches can assist in keeping the eye open, but results can be mixed. We do not have a reliable criterion for why it helps in one case versus another.

Dry eye note: Holding the eyelid open can increase exposure and may worsen dryness, irritation, or fluctuating vision. Use your doctor-recommended lubrication and report pain, redness, discharge, or worsening symptoms promptly.